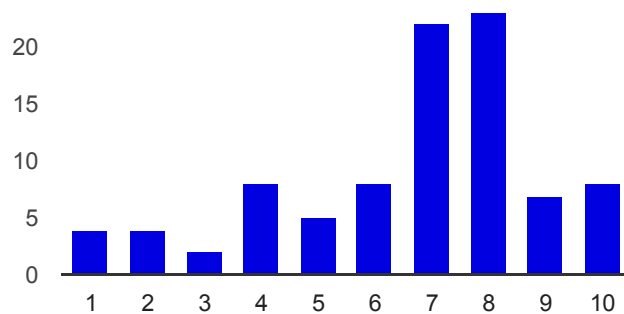


91 responses

[View all responses](#)

Summary

On a scale of 1 to 10, how would you rate your happiness? A score of 1 means the least happy, and a score of 10 means the most happy.



1	4	4.4%
2	4	4.4%
3	2	2.2%
4	8	8.8%
5	5	5.5%
6	8	8.8%
7	22	24.2%
8	23	25.3%
9	7	7.7%
10	8	8.8%

What two factors do you consider most important to your happiness?

Getting more money. Getting more education.

Love and appreciation

Relationship and money.

Love & trust

Health family

Wife and child

Financial stability. Appropriate workload at job.

Jesus, my family

my family being healthy and happy. having a place to stay and food to eat.

love and money

Being with family. Having a relationship with God.

Being able to spend time doing stuff I want to do instead of have to do, and having the money to do it.

Love n college

family money

.

Spending time with friends and loved ones. Writing.

Love and faith

Husband and daughter

Would like to take vacation

i don't get bummed on the little things and I don't allow others around me to feel sorry for themselves which helps my happiness.

Family Friends

My family succeeding in the simple mundane extraordinary blissful struggle called life.

Mountain air

Family Well being

relationships and school

Family Love

Health Career

Love and protection

job satisfaction ability to buy some "wants," not just "needs"

Self acceptance knowledge

god, love, and family

Fiancé and education

Love & Family

Financial Security and Friendships

Money

Sexual gratification Food

income family

My family and my needs being taken care of.

Being health gas in car traveling

Family and health

Love and Family

How much stress I have in life, and feeling like people like me.

Good relationships. Sufficient finances.

My relationships, and having the means to do what I please

Family and life

Overall health/well being of my family and being able to continue experiencing new things.

Friends and family

Weather and people around me

Time for me A loving family

the happiness of the people I love and enjoyment of life

Family and friends

Love Faith in God

Being able to spend time with those I love and working enough to make a living in a job I enjoy

Health Family

Love Family

My wife and my health.

family and money

Kids Family

Family and money

LOVE AND HEALTH

The two most important factors affecting my happiness are a sense of control over my life and a sense of purpose in my life. I have neither right now.

The people in my life and achieving my goals

money and the people that surround you

Communication with loved ones Faith in God

Family. And friends

Having Money Friends and someone who truly Loves me for me.

my daughter and dad

Family and God

Love and family

Family, and Love

God and family

Health and career choice

1. I stopped worrying, I leave that up to God. I just do the best I can and trust that good things are coming my way. 2. I stopped caring what others thought of me, and I stopped judging others. No one is perfect, we all just sin differently-so who am I to judge

someone for being different than me.

money & family

Financial stability Loving family

caring for others, accepting myself

The happiness/ health of my family Personal Health

Having a loving partner to share your life with and being successful in life.

Love Health

The love of my children and also my friends

My kids and being able to take care of them well

Family and friends.

Financial (I would just like to be able to pay my bills without worrying if iam going to get evicted or power turned off) Family

Family Faith

family, money

What two factors detract most from your overall happiness?

Financial and health issues of myself, family and friends.

Money Time

Poor sleeping habits Not enough hours in each day to accomplish all I need to.

Negative People & My Health.

stress and unhappy people

Loneliness and Anxiety from not succeeding financially

Health and world unrest

Kids not having good jobs. Have to subsidize them.

Lack of money. Lack of physical fitness.

Work, sex

Work Money

Illness and career choice

Crime Homelessness

N/A

Stress stress

What people say to me and personal lack of motivation.

.

People who talk about things they know nothing about. Peoplewho are followers for no reason.

my mother and my ex

It's challenging picking just two. I have been unemployed since May 2012. Without an income, it is very difficult to pay for food, medication, clothing, gas for my car, toiletries. I don't need a lot but right now, I can't access anything. I have kidney stones that won't pass. And getting medical care through Medicaid is extremely difficult. I've been in pain since September 2014. I am exhausted all the time due to pain's impact on my sleep, I've lost my appetite and I have no energy. I can't exercise anymore (I used to work out twice a day) due to the exhaustion and the pain.

People and money

good job and family

My income and appearance.

Money stress

Health Family problems

Stress Money

People Ignorance

Money and bills

money health

My husband

Living with a mental illness.

My college n love

Finances and health

Not doing the things I want too like going to school. Having a job that does not make me that happy.

Having money spending time with family

Money and school

I miss my husband who died and I worry about money

Family's health mean people

Financial insecurity and workplace stress.

Health Obligations

Lack of chocolate and human stupidity

Political bullshit at work Not getting my own way

Other people's attitudes. People not respecting me as a person.

Love, and money

Work, Life in general

my family and my friends

family, health

People being negative People being judgemental

not being happy income

money & living location

Time and distance

Health/ Weight/ Time to Exercise Stress level associated with the amount of clutter in my life

Lonliness Financial problems

Not quite sure what I should write.

Chronic back pain. Being lied to by my spouse.

lying & stealing

income and work

Transportation Negative thinking of others

People - they are so selfish, self serving, self centered ... selfish Ignorance - it is everywhere ...

Negative feelings Health issues

Health and money

money and career

Money Drama

I hate being in school I would rather just work. I don't make enough money to live how I'd like.

Parents and money

Rudeness and ugliness

Physical limitations and financial limitations.

playing,reading

Not being able to be with who i truly love. Not being able to afford to help the people i care about

Physical limitations

Not having enough time to do everything I want to do. Not having enough money to do everything I want to do.

Disagreements with people. Lack of trust in some people Lack of communication with some people

Job Health

Bad weather Rude, obnoxious people

Sometimes I wish I had more time with those I love.

Drama and someone you don't like

Health Financial security

distance from family, having to put off goals

Unavoidable bills, not having children

People who don't listen People who judge others

work drama

money issues and relationship issues

Loneliness and addictions

Money and fighting

Working all the time Not enough money.

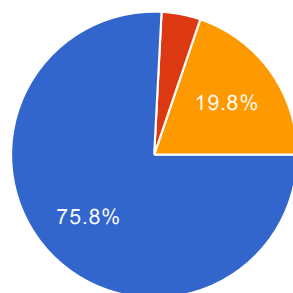
not doing the above x

People hating and school

loneliness and no access to nature

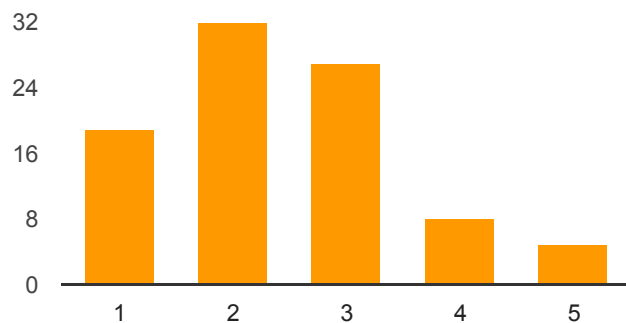
Insecurities and unsatisfied

Do you like being a human?



Yes	69	75.8%
No	4	4.4%
Sometimes	18	19.8%

On a scale of 1 to 5, how much time do you spend with your family?

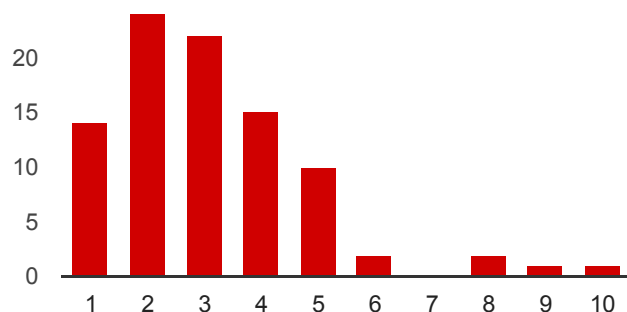


All of my time: 1	19	20.9%
2	32	35.2%
3	27	29.7%

4 8 8.8%

None of my time: 5 5 5.5%

On a scale of 1 to 10, do you spend most of your time posting positive or negative content on social media?



All positive: 1 14 15.4%

2 24 26.4%

3 22 24.2%

4 15 16.5%

5 10 11%

6 2 2.2%

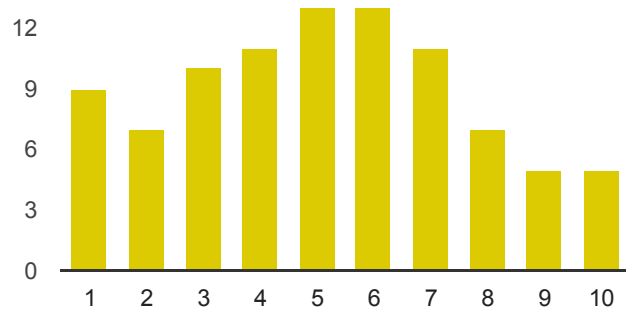
7 0 0%

8 2 2.2%

9 1 1.1%

All negative: 10 1 1.1%

On a scale of 1 to 10, how happy are you with your physical appearance?

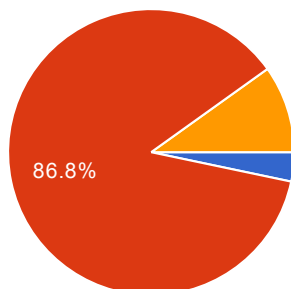


Completely happy: 1 9 9.9%

2	7	7.7%
3	10	11%
4	11	12.1%
5	13	14.3%
6	13	14.3%
7	11	12.1%
8	7	7.7%
9	5	5.5%

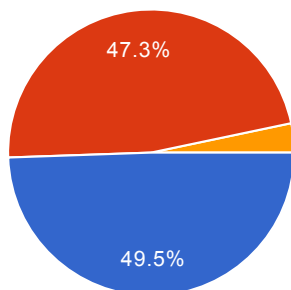
Completely unhappy: 10 5 5.5%

Is money more important than your family?



Yes	3	3.3%
No	79	86.8%
Sometimes	9	9.9%

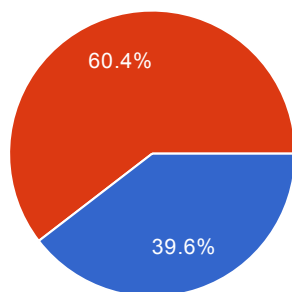
Are you book smart, street smart, or not smart? Choose only one.



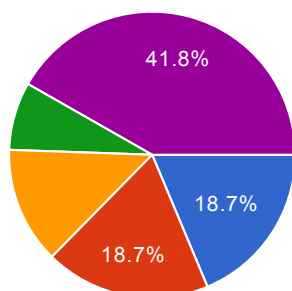
Book smart	45	49.5%
Street smart	43	47.3%
Not smart	3	3.3%

Most mornings, do you feel refreshed when you wake up?

Yes **36** 39.6%
 No **55** 60.4%

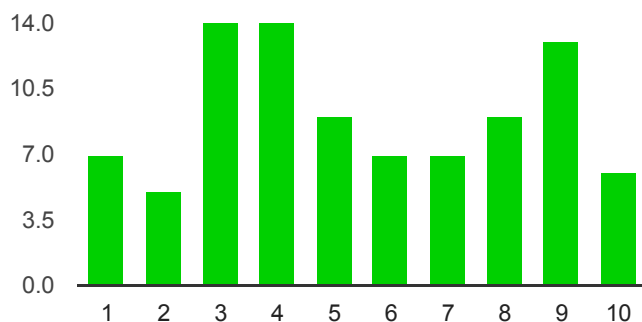


If there were one thing you could change about your life, what would it be?



Education	17	18.7%
Career choice	17	18.7%
Love life	12	13.2%
Priorities	7	7.7%
Health	38	41.8%

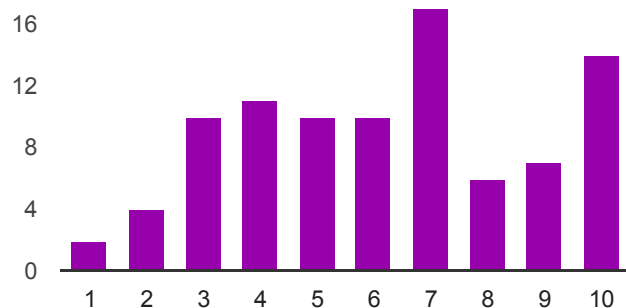
On a scale of 1 to 10, if someone close to you wronged you, how likely would you be to hold a grudge against that person?



Very likely: 1	7	7.7%
2	5	5.5%
3	14	15.4%
4	14	15.4%

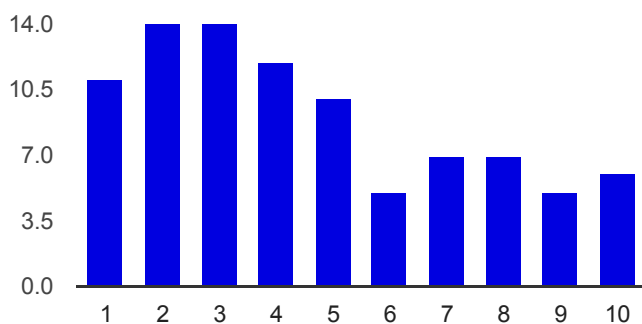
5	9	9.9%
6	7	7.7%
7	7	7.7%
8	9	9.9%
9	13	14.3%
Not at all likely: 10	6	6.6%

On a scale of 1-10, how happy are you with your income?



The most happy: 1	2	2.2%
2	4	4.4%
3	10	11%
4	11	12.1%
5	10	11%
6	10	11%
7	17	18.7%
8	6	6.6%
9	7	7.7%
The least happy: 10	14	15.4%

On a scale of 1-10, how happy are you in your living environment?

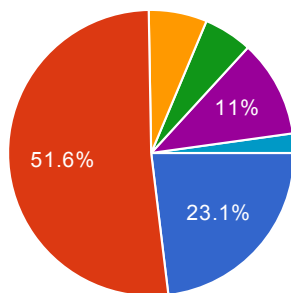


8 **7** 7.7%

9 **5** 5.5%

The least happy: 10 **6** 6.6%

How do you prefer to communicate with people?



Text message **21** 23.1%

Face to face **47** 51.6%

E-mail **6** 6.6%

Social media **5** 5.5%

Telephone call **10** 11%

Other **2** 2.2%

Number of daily responses

